



The Missouri & Kansas Epilepsy Review

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Two Easy Ways to Support EFMK

- Sell your gently used furniture, home décor items and collectibles to the Charity Consignment Store. The store will pick up, appraise, advertise and sell the items you donate and send your proceeds to the Epilepsy Foundation of Missouri & Kansas. Contact the Charity Consignment Store at 314.488.9311 or info@charityconsignmentstore.com. Re-purpose for a purpose!
- In Kansas City, look for Resolution Reuse boxes around town and deposit clothes, belts and shoes.

December 2011 Vol. I #2

Epilepsy and Migraine

by Lawrence N. Eisenman, MD, PhD and Joanne M. McAndrews, PhD

Epilepsy and migraine are both common neurological conditions that share a number of features. They both produce symptoms that come and go. Both epilepsy and migraine can run in families. Both may be preceded by warning symptoms called an aura. Both can cause significant disability and decreased quality of life. Both epilepsy and migraine can cause similar symptoms that sometimes make distinguishing between the two very difficult. More recently, we have recognized features that suggest that these two conditions may share some common underlying causes. People with epilepsy are more likely to have migraines than people who do not have epilepsy and children with migraines are more likely to develop epilepsy than children who do not have migraines. Both conditions can be caused by gene mutations and some mutations have been identified that can cause both seizures and migraines. In this article, we will review some of the basic features of migraine headaches, discuss some of the interesting commonalities between migraine and epilepsy and briefly address approaches to treating both conditions.

Executive Review

by Darla Templeton

I just answered the phone and the person who called asked, "What do you do?" That is always such an open question it is difficult for me to answer. I did my pat response to that question by asking, "What assistance are you needing?" I was able to help the woman and returned to my project. Then I began to ponder that question and thought I could be more customer friendly if I were to give a general overview of the services we provide. As my mind wondered I began to think of people who have called the Foundation and have benefited from what we do. I can tell you what we do through recounting some cases we have recently handled.

Resolution Reuse will contribute four cents to the Epilepsy Foundation of Missouri & Kansas for every pound of used goods placed in the boxes – clothes, belts and shoes ONLY.

Epilepsy Scholarship Opportunities

Sara Elizabeth Stubblefield Scholarship

The applicant must be a college-bound or vocational/technical school-bound high school senior residing in the state of Illinois, have epilepsy and be under a physician's care.

Deadline: April 30, 2012

Tony and Jan Viessman Memorial Scholarship

Applicants must be under a doctor's care for epilepsy or be the caregiver for someone living with epilepsy. Those who may apply include: high school seniors who have applied to a technical college, junior college, or 4-year college/university; freshmen, sophomores or juniors in one of these institutions; college seniors who have applied to graduate school; and adults interested in pursuing a college degree.

Deadline: March 30, 2012

For more information on both scholarships and how to apply – [read more](#).

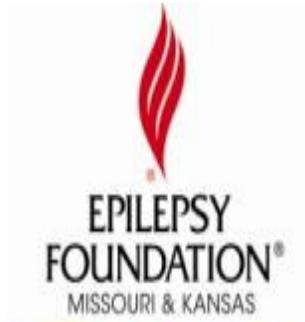
A Personal Reflection: Soccer and Epilepsy by Madeline Ericson

“Stranger things have happened,” our senior captains said to us before the district game against Nerinx Hall. Being a public school team of average size and talent, we were always nervous before going into a game against a powerhouse private school. Why wouldn't we be? The Nerinx Hall Markers were ranked number one in the nation, while we, the Webster Groves High School Statesmen, were struggling toward a .500 record. The first time we played Nerinx, we forfeited halfway through the game. The second time, we lost 5-0. With each game, we were shrinking the gap between their score and ours, but we still considered it an impossible feat to compete with Nerinx Hall.

Holiday Walk for Epilepsy



People with epilepsy, their families and friends joined in the fun of the Epilepsy Foundation of Missouri & Kansas Holiday Walk for Epilepsy on Saturday, December 3 at Crestwood Court. People living with epilepsy shared their stories with the walkers before everyone took off on the mall walk carrying red and white balloons.



[Going to Bat for Seizures](#)

The Epilepsy Foundation Youth Leadership Council exists to foster strength, ability, creativity, and self-worth in young adults with epilepsy ages 15- 25. The council is dedicated to developing young leaders of tomorrow and furthering the Epilepsy Foundation mission. Our council formed almost four years ago, and since then it has grown to be a strong front fighting for what we know is important.

[Youth Leadership Council: Facebook and Face-to-Face](#)

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www.efmk.org

Epilepsy Foundation of Missouri & Kansas

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The Epilepsy Foundation of Missouri & Kansas is a 501 (c) (3) tax exempt, non-profit organization. It is the policy of the Epilepsy Foundation of Missouri & Kansas to provide and promote equal opportunity for all people at all levels of the organization.

Mission

The Epilepsy Foundation of Missouri & Kansas leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy.

EFMK provides services to people with seizures, their families and the community in Missouri & Kansas.

Editorial Policy

The Epilepsy Foundation of Missouri & Kansas requests that any EF affiliate or other organization wanting to reprint material from The Missouri & Kansas Epilepsy Review to please contact our office for permission. Email or call: Kathleen Kaiman – kathleen@stl-epil.org or 314.962.3900. EFMK welcomes such requests.

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