



# The Missouri & Kansas Epilepsy Review

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### Children with Epilepsy and Influenza

A report in the journal *Pediatrics* underscores the importance of the flu vaccination to protect children with neurologic disorders, including epilepsy. The Centers for Disease Control and Prevention, the American Academy of Pediatrics, Families Fighting Flu and Family Voices are collaborating to get the word out about the importance of flu vaccination and treatment in these children. The flu vaccine is the best prevention method. Antiviral drugs used to treat the flu are a second line of defense against the illness.

September 2012 Vol. II #2

#### [Executive Review](#)

by Darla Templeton

In 1991, I wrote about the importance of volunteers in my “Executive Notes” for the spring issue of the Epilepsy Foundation of the St. Louis Region Quarterly. I knew the importance of volunteers then and I have been again reminded of the importance, impact and significance of volunteers this last year. Edeen and Lindsey stood tall in the face of adversity and saved the Kansas City office from closing. The Kansas City organization closed but the staff, those two board members and the infrastructure remained. Through a year of turmoil, Edeen and Lindsey maintained the importance of continuing the merger with St. Louis. They were proven right as the KC agency was forced to cease operations. Through the continued relationship, the two offices have secured a \$10,000 and a \$35,000 grant to ensure Kansas City continuity and stability.

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#### [New Shoes, Book Bag, Pencils, and Epilepsy](#)

by Ellen Albers, APRN, PCNS

The new school year is underway. This can be a stressful time for families; however, if your child has had one seizure or has been recently diagnosed with epilepsy you may have additional concerns about your child's safety when he or she is in the school environment.

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#### [Seize the Day](#)

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## Two Easy Ways to Support EFMK

### Resolution Reuse

In Kansas City and Springfield, look for Resolution Reuse boxes around town and deposit clothes, belts and shoes. Resolution Reuse will contribute four cents to the Epilepsy Foundation of Missouri & Kansas for every pound of used goods placed in the boxes – clothes, belts and shoes ONLY.

### GoodSearch - Searching for a Cause

We've registered Epilepsy Foundation - Missouri and Kansas with GoodSearch.com, a company that helps nonprofits raise funds through the everyday activities of their supporters. Here's how you can participate:

- Use [GoodSearch.com](http://GoodSearch.com) when you search the Internet. GoodSearch will donate a penny to the Epilepsy Foundation of Missouri & Kansas (EFMK) every time you search.
- Use [GoodShop.com](http://GoodShop.com) when you shop online. GoodShop works with more than 2600 major brands, has over 100,000 coupons and donates a percentage of every purchase you make to EFMK.
- Enroll in [GoodDining.com](http://GoodDining.com).



Race for Grace, Cameron's Crew, Cure for Carson and Ava, and Cat's Walkers were the top fund raising teams at the inaugural *Seize the Day 5K Run/Walk* on Saturday, June 16. 1100 people ran or walked and raised \$63,000 to benefit people with epilepsy.

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## Going to Bat for Seizures - Kansas City



EFMK CEO Darla Templeton (far right) visits with Major League Baseball Players Alumni (from left) Bobby Dernier, Willie Wilson, Fred Kip and spouses at *Going to Bat for Seizures* on August 21 at Kauffman Stadium.

GoodDining will donate up to 6% of every dollar you spend when you eat at one of 10,000 participating restaurants.

- [Download the Epilepsy Foundation - Missouri & Kansas toolbar](#) - then, every time you search and shop, you earn donations for EFMK.

**Please join our community on GoodSearch.com and raise funds for EFMK. Get started by clicking on our [profile page](#)!**



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### [Epilepsy and Opportunity](#)

by Maureen Mohan

I am honored to have the opportunity to share my experience of living with epilepsy. I was first diagnosed with generalized epilepsy in the spring of 2005. I did not handle this diagnosis very well, and the subsequent changes in doctors, medicines, and diagnoses did not seem to improve my outlook. I felt I was lacking independence. Being told I was never going to drive only further implied that I would always be reliant on everyone around me. However, in the winter of 2007, I was fortunate enough to meet a wonderful educator and advocate from the local Epilepsy Foundation affiliate who affirmed that I had every opportunity open to me if I was willing to look.

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### [Fight for Fair Care](#)

by Brigid Galloway

The new health care laws can make a big impact on epilepsy care. Here's how to get your voice heard.

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### [Going to Bat for Seizures - Kansas City](#)

### [Going to Bat for Seizures - St. Louis](#)

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[www.efmk.org](http://www.efmk.org)

### **Epilepsy Foundation of Missouri & Kansas**

An independently incorporated affiliate of the Epilepsy Foundation | 4406 St. Vincent St. Louis, MO 63119 | 314.781.4949  
6400 Prospect Avenue Suite 300 B Kansas City, MO 64132 | 816.444.2800

The Epilepsy Foundation of Missouri & Kansas is a 501 (c) (3) tax exempt, non-profit organization. It is the policy of the Epilepsy Foundation of Missouri & Kansas to provide and promote equal opportunity for all people at all levels of the organization.

### **Mission**

The Epilepsy Foundation of Missouri & Kansas leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy.

EFMK provides services to people with seizures, their families and the community in Missouri & Kansas.

### **Editorial Policy**

The Epilepsy Foundation of Missouri & Kansas requests that any EF affiliate or other organization wanting to reprint material from The Missouri & Kansas Epilepsy Review to please contact our office for permission. Email or call: Kathleen Kaiman – [kathleen@stl-epil.org](mailto:kathleen@stl-epil.org) or 314.781.4949. EFMK welcomes such requests.

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