



The Missouri & Kansas Epilepsy Review

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Two Easy Ways to Support EFMK

- Sell your gently used furniture, home décor items and collectibles to the Charity Consignment Store. The store will pick up, appraise, advertise and sell the items you donate and send your proceeds to the Epilepsy Foundation of Missouri & Kansas. Contact the Charity Consignment Store at 314.488.9311 or info@charityconsignmentstore.com. Re-purpose for a purpose!
- In Kansas City, look for Resolution Reuse boxes around town and deposit clothes, belts and shoes. Resolution Reuse will contribute four cents to the Epilepsy

September 2011 Vol. I #1

Executive Review

by Darla Templeton

In 1961 Barack Obama was born, Ernest Hemingway died and the Missouri Epilepsy Federation was incorporated.

In 1961 Ken came on the scene as Barbie's boyfriend. Alan Shepard was the first American to travel into space and the Beatles performed for the first time at Cavern Club in Liverpool, England.

In 1961 President Kennedy took office, the Peace Corps was created and the Viet Nam war began.

In 1961 Roger Maris broke Babe Ruth's home run record, *West Side Story* was a box-office hit, and the novel *Catch 22* was a bestseller.

In celebration of our 50 years, [enjoy a pictorial history of the Missouri Epilepsy Federation \(1961 – 1982\), the Epilepsy Federation of Greater St. Louis \(1983 – 1985\), the Epilepsy Federation of the St. Louis Region \(1986-1989\), the Epilepsy Foundation of the St. Louis Region \(1990 – 2010\), the Epilepsy Foundation of Missouri & Kansas \(2010 – present\)](#) in this first issue of our online newsletter– and continuing as a regular feature in future issues of *The Missouri & Kansas Epilepsy Review*.

Foundation of Missouri & Kansas
for every pound of used goods
placed in the boxes – clothes, belts
and shoes ONLY.

To join in the fun at **Going to Bat for Seizures** in St. Louis on November 4, 2011 at Busch Stadium, contact Joan at 314. 962. 3900 or joan@stl-epil.org.

Children and Adolescents with Seizures

An Evening for Family Members and
School Personnel

with Judith Weisenberg, M.D.

Wednesday, November 16, 2011
7:00 – 8:30 p.m.

St. Louis Children's Hospital Auditorium

No fee, but please contact Kathleen to pre-
register.

314. 962. 3900 / kathleen@stl-epil.org

Celebrate National Epilepsy Month

at the

Epilepsy Foundation of Missouri & Kansas

Victory over Epilepsy (VE) Gala

Saturday, November 12, 2011

6:30PM

World War I Museum – Liberty Memorial

Kansas City, MO



Wine Pairings by Doug Frost - Master
Sommelier and American Master of Wine

Live Auction

Contact Joni Miller – 816. 444. 2800 /
jmiller@efha.org for more information

Family Seminar in Kansas City

Children's Mercy Hospital pediatric
neuropsychologist John Joshua Hall will
present a program for family members on
Children and Epilepsy on Tuesday, October
25 from 5:30 – 7:00 p.m. at the Epilepsy
Foundation of Missouri & Kansas office in
Kansas City – 6400 Prospect Avenue –
Suite 300 B – 64132.

Dr. Hall will discuss cognitive function,
academic challenges and behavioral
concerns for children with seizures.

Contact Danielle Walk (816. 444. 2800 /
dwalk@efha.org.) to register.



[View the rest of the pictorial history here.](#)

Epilepsy Treatment Goal: No Seizures – No Side Effects

by Matt Smyth

Epilepsy is a surprisingly common condition, affecting approximately 1% of the population. Seizures take many forms. They can be subtle (“petit mal/absence,” staring spells) or dramatic (“grand mal,” generalized tonic-clonic convulsions). Other seizures may occur with a patient being aware or semi-aware of them (partial or complex-partial seizures). While many patients achieve control of their seizures with anticonvulsant medication, a significant fraction (25-35%) continues to have seizures despite multiple anticonvulsant medications. These ‘refractory’ patients can experience significant medical and psychological issues.

New EEOC Regulations for ADAAA Implementation

Dayna Deck, J.D., M.P.H.

The Americans with Disabilities Act (ADA), passed in 1990, was a landmark piece of civil rights legislation. When Congress passed the ADA, it recognized that “discrimination against individuals with disabilities continues to be a serious and pervasive social problem.”

[Intruder Alert](#)

by Kirsten Huggins

Running, laughing children surround me in the grassy field outside of a church; it's the McKie family reunion in Oneida, Illinois. I help the youngest ones blow bubbles and kick a soccer ball. The sun flickers high in the sky, and everyone waits eagerly to eat. Raising my right hand to flick my bangs out of my eyes (a nervous habit I have), I freeze. I remember thinking someone was joking with me, and had grabbed my arm in mid-flight to stop me from swiping at my hair. I try to look at my frozen arm and discover my neck is stiffened and will not move. The one person I see is my cousin Amanda, and I try and scream help, though I am uncertain whether or not words exited my mouth. Then, everything fades to black.

[Youth Council: Fulfilling Mission and Having Fun](#)

by Taylor Lauer

The Epilepsy Foundation Youth Leadership Council exists to foster strength, ability, creativity, and self-worth in young adults with epilepsy ages 15- 25. The council is dedicated to developing young leaders of tomorrow and furthering the Epilepsy Foundation mission. Our council formed almost four years ago, and since then it has grown to be a strong front fighting for what we know is important.

[Research Studies](#)

[Medications Update](#)

[Sharon's Ride.Run.Walk](#)

[Camp Shing – “The best camp ever!”](#)

[Going to Bat for Seizures](#)

[Tributes and Memorials](#)

www.efmk.org

Epilepsy Foundation of Missouri & Kansas

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The Epilepsy Foundation of Missouri & Kansas is a 501 (c) (3) tax exempt, non-profit organization. It is the policy of the Epilepsy Foundation of Missouri & Kansas to provide and promote equal opportunity for all people at all levels of the organization.

Mission

The Epilepsy Foundation of Missouri & Kansas leads the fight to stop seizures, find a cure and overcome the challenges created by epilepsy.

EFMK provides services to people with seizures, their families and the community in Missouri & Kansas.

Editorial Policy

The Epilepsy Foundation of Missouri & Kansas requests that any EF affiliate or other organization wanting to reprint material from The Missouri & Kansas Epilepsy Review to please contact our office for permission. Email or call: Kathleen Kaiman – kathleen@stl-epil.org or 314.962.3900. EFMK welcomes such requests.

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