

SEIZURE FIRST AID

GENERALIZED TONIC-CLONIC SEIZURES

Formerly Known as Grand Mal Seizures



Follow First Aid steps



**Track
time**



**Protect
from hazards**



**Turn
on side**



**Cushion
head**



**Don't put
anything
in mouth**



**Don't
hold down**



When to call 911

- First-time seizure
- Seizure lasts longer than 5 minutes
- Repeated seizures without regaining consciousness
- Person is injured, has diabetes, or is pregnant
- Seizure occurs in water
- Normal breathing does not resume